



**THE LEARNING**  
Lab & Design Studio

from Potentials Realized



## Learning Lab and Design Studio Sessions 2023 - Celebrating our 8<sup>th</sup> year!

Calls are usually held on Fridays from 8 - 845 ET unless otherwise noted \* Update 11.16.22

Date (usually 1 <sup>st</sup> and 3 <sup>rd</sup> Fridays)	Call Time	Call
December 31	12-1245 pm ET *** Note time	Special 2023 kick off call – setting your intentions
January 13	8 – 845 am ET*	2023 Trends in Exceptional Learning Events – Microlearning/Hybrid/Application/Coaching
January 20	8 – 845 am ET	Systems for your learning programs (coaching, training)
Thursday January 26	1- 5 pm ET on Thursday	Get it Done Afternoon with a focus on content
February 3	8 – 8:45 am ET	Creating Exceptional Design
February 17	8 – 8:45 am ET	Graphic Facilitation
February 28	Stay Tuned for Time	Month End Planning Session
March 3	8-8:45 am ET	Five Engagement Levers
March 24	8 – 8:45 am ET	Getting Your Message out: Marketing and Branding
Wednesday March 29	3-4 pm ET	Special Quarterly Planning Session
Thursday April 6(note day of week)	8 – 8:45 am ET	Challenges, Sprints and Hacks – keeping people moving in the learning process
Friday April 21	8 – 8:45 am ET	Keeping the Conversations Going – Accountability, Peer Partners
Thursday April 27	1-5 pm on Thursday	Get it Done Day
May 5	8 – 8:45 am ET	Digital Product Design
May 19	8 – 8:45 am ET	Content Creation in 15 minutes a day
June 2	8 – 8:45 am ET	Video Tips
June 16	8 – 8:45 am ET	Gearing up for your summer project
Monday June 26		MID-YEAR REVIEW
July 7	8 – 845 am ET	Program Design Hack
July 21	8 - 845 am ET	Program Brush Up – Design and Systems
July 27 (Thursday)	945 – 145 pm ET	Get It Done Day
August 4	8 - 845 am ET	Content and Marketing for Fall
August 18	8 - 845 am ET	Mindfulness – Journaling and Renewal
September 8*	8 - 845 am ET	Back to Work for Fall!
September 22	8 - 845 am ET	Fall Focus - Teams
September 28 (Thurs)	1 – 5 pm ET	Get it Done Day
October 6	8 - 845 am ET	Open Space – Set By Group
October 20	8 - 845 am ET	Slide Design
November 3	8 - 845 am ET	Topic Selected by Group
November 17	8 - 845 am ET	2023 Vision Session
December 1	848 - 845 am ET	Topic Selected by Group
December 20 (WED)	1-5 pm ET	Get It Done Day! And Winter Solstice
December 15	8 - 845 am ET	The Year in Review

Questions? Get in touch with Jennifer at [jennifer@potentialsrealized.com](mailto:jennifer@potentialsrealized.com) or phone (416)996-8326