

2026 JANUARY

Focus

FLOW

FLEX

SCALE

INTEGRATION

My priorities this month

1 FLOW

2 FLEX

3 SCALE

4 INTEGRATION



SUN	MON	TUE	WED	THU	FRI	SAT
	<p><i>1 Biz Step A Day</i></p> <h3>Monthly Calendar</h3> <p>From Coach and Author Jennifer Britton</p>			<p>1</p> <p>What's the one thing you want to get across the finish line this month?</p>	<p>2</p> <p>WHO do you want to connect with this month?</p>	<p>3</p> <p>What habits do you want to cultivate this month?</p>
<p>4</p> <p>WHERE do you want to spend time this month?</p>	<p>5</p> <p>What are your top 3 priorities this week?</p>	<p>6</p> <p>Dedicate 15 minutes to the project that needs a boost, today?</p>	<p>7</p> <p>Ask for a testimonial or review from a client</p>	<p>8</p> <p>What can you do to showcase your work more powerfully?</p>	<p>9</p> <p>What's the one thing you want to get across the finish line today?</p>	<p>10</p> <p>What are you doing to expand your vistas today?</p>
<p>11</p> <p>TREAT yourself today!</p>	<p>12</p> <p>What's some "low hanging fruit" around your goals?</p>	<p>13</p> <p>Write a thank you note today.</p>	<p>14</p> <p>What will be fun and renewing for you?</p>	<p>15</p> <p>What's going to stretch your comfort zone today?</p>	<p>16</p> <p>Mid-Month Check in - What's one thing you are proud of? What needs attention?</p>	<p>17</p> <p>Reflection - What do you want to start? Stop? Continue?</p>
<p>18</p> <p>Spend time with those you love today - in person or virtually.</p>	<p>19</p> <p>What are your top 3 priorities this week? This quarter?</p>	<p>20</p> <p>What experiences do you want to create for your clients?</p>	<p>21</p> <p>What outreach do you want to do today?</p>	<p>22</p> <p>What business system needs attention today?</p>	<p>23</p> <p>What are you grateful for this week?</p>	<p>24</p> <p>What's the one thing you want to clear?</p>
<p>25</p> <p>Take 15 min to do your monthly review.</p>	<p>26</p> <p>What's your more important priority for next month?</p>	<p>27</p> <p>What is important to complete this month?</p>	<p>28</p> <p>Metrics Check - what do you notice?</p>	<p>29</p> <p>What was your biggest learning this month?</p>	<p>30</p> <p>What have been your biggest successes this month?</p>	<p>31</p> <p>What accomplishments are you going to celebrate?</p>