

2026

MARCH

1 Biz Step A Day

Monthly Calendar

Focus

FLOW

FLEX

SCALE

INTEGRATION

From Coach and Author Jennifer Britton

My priorities this month

1 FLOW

2 FLEX

3 SCALE

4 INTEGRATION



MON	TUESDAY	WED	THURS	FRIDAY	SATURDAY	SUN
						1 What's important for me to focus on this month?
2 What habits do I want to lean into or build?	3 What are your top 3 priorities this quarter?	4 What relationships are important for you?	5 Dedicate 15 minutes to the project that's stuck, today?	6 What do I want to celebrate?	7 What do my metrics say about the business?	8 What are you doing to expand your vistas today?
9 What do I want to let go of this month?	10 Who do you want to connect with this month?	11 What will be fun and renewing for you?	12 Write a thank you note today.	13 What's going to stretch your comfort zone today?	14 What are your plans to renew this week?	15 Write a thank you note or email today.
16 Mid-month review - Key activities. What's working? What's not?	17 What are your top 3 priorities this week?	18 What outreach do you want to do today?	19 What is the one thing I want to make sure I complete this quarter?	20 What's my number 1 message this month?	21 What are you grateful for this week?	22 What's going to stretch you next quarter?
23 Priorities this week? What needs to change next month? 30	24 What makes you stand out? Take 15 min to do your monthly review. 31	25 What is important to complete this month?	26 Metrics Check - what do you notice?	27 What will you give thanks for today?	28 What have been your biggest successes this month?	29 What accomplishments are you going to celebrate?